



# St Augustine's College Newsletter

## Prayer

### Reflection

*Let us remind ourselves  
that we are always in the  
presence of God.*

*Our God who mourns  
with us;*

*Our God who welcomes  
Roman with love;*

*Our God who gives  
comfort and strength at  
this time.*

*Luci Quinn*



Isaiah 41:9b-10, 13

God says: "I will not turn away from you.

I have chosen you, I call you my child.

Do not be afraid, because I am with you. I am your God, after all!

I will give you strength. I will help you; I will hold you up, for I am  
your God, who holds you by the hand.

Remember: I say to you - do not be frightened, I will be there to  
help you."

### St Augustine's College Kyabram

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Newsletter submissions close 12.00pm Wednesday

## Reminders

**Beacon Charter Signing Day** today, Thursday 18th August

**Replies to help with St Augustine's Day Cupcakes** due tomorrow, Friday 19th August - details in today's newsletter

**Assembly**  
Wednesday 24th August at 9.00am in the Brigidine Centre

**Children's Book Week Character Parade**  
Wednesday 24th August after morning assembly

**St Augustine's Day Mass** in the Brigidine Centre at 12.30pm on Thursday 25th August, followed by picnic lunch on the oval

**Lone Pine Ceremony**  
Monday 29th August at 10.15am

**Student Free Day**  
Tuesday 30th August

**Years 5-12 Subject Teacher Interviews**  
Tuesday 30th August 1.00-8.00pm

## Diary Dates

### AUGUST

<b>Thursday 18th</b>	<ul style="list-style-type: none"> <li>Beacon Charter Signing Day</li> <li>Sandhurst Student Leadership for Years 7 and 8</li> <li>Darren Pereira - guest speaker for Years 11 and 12</li> </ul>
<b>Sunday 21st</b>	<ul style="list-style-type: none"> <li>Parish Mass at 10.00am</li> </ul>
<b>Monday 22nd</b>	<ul style="list-style-type: none"> <li>Work Experience for Year 10B</li> <li>Children's Book Week</li> <li>Wyuna Field Excursion for Year 12</li> </ul>
<b>Tuesday 23rd</b>	<ul style="list-style-type: none"> <li>Work Experience for Year 10B</li> <li>Sacred Heart Mission</li> <li>Years 7 and 9 basketball in Echuca</li> <li>VCAL Community Service</li> </ul>
<b>Wednesday 24th</b>	<ul style="list-style-type: none"> <li>Work Experience for Year 10B</li> <li>Assembly at 9.00am</li> <li>Book Character Parade after assembly</li> </ul>
<b>Thursday 25th</b>	<ul style="list-style-type: none"> <li>Work Experience for Year 10B</li> <li>St Augustine's Day Celebration Mass at 12.30pm in the Brigidine Centre</li> </ul>
<b>Friday 26th</b>	<ul style="list-style-type: none"> <li>Work Experience for Year 10B</li> <li>Melbourne Careers Expo for Year 11 students</li> <li>Year 12 RE Workshop</li> </ul>
<b>Monday 29th</b>	<ul style="list-style-type: none"> <li>Sandhurst Arts on Show</li> <li>Lone Pine Ceremony at 10.15am</li> <li>VCAL First Aid</li> </ul>
<b>Tuesday 30th</b>	<ul style="list-style-type: none"> <li>Student Free Day</li> <li>Years 5-12 subject teacher interviews 1.00-8.00pm</li> <li>VCAL Community Service</li> </ul>
<b>Wednesday 31st</b>	<ul style="list-style-type: none"> <li>Duke of Ed Community Service excursion</li> </ul>

### SEPTEMBER

<b>Thursday 1st</b>	<ul style="list-style-type: none"> <li>Years 7-12 Campaspe Athletics Carnival</li> <li>Years 3-6 Waranga Athletics Carnival</li> <li>Year 9 to attend Parish Mass at 9.15am</li> </ul>
<b>Friday 2nd</b>	<ul style="list-style-type: none"> <li>Fathers' Day Stall</li> </ul>
<b>Monday 5th</b>	<ul style="list-style-type: none"> <li>Years 7-10 girls AFL in Rochester</li> <li>Foundation swimming program</li> </ul>
<b>Tuesday 6th</b>	<ul style="list-style-type: none"> <li>Year 9 Seminar Day</li> <li>VCAL community service</li> <li>Foundation swimming program</li> </ul>
<b>Wednesday 7th</b>	<ul style="list-style-type: none"> <li>Assembly at 9.00am in Brigidine Centre</li> <li>Foundation swimming program</li> <li>Duke of Ed community service</li> </ul>

## Lawn Mowing Roster - 27/08/2016

S & D Dodos	Around basketball rings on McCormick Road and along Gillespie Street fence
N Dunstall	McCormick Road nature strip and along sleepers in driveway
P Durso	Brigidine Centre, Our Lady of Peace garden and Church Street nature strip
R & J Easterbrook	Front of school and Memorial Garden

## From the Principal

It is hard to know where to start this week as we try to understand and process what it means to lose one of our own. The death of Roman has brought the deepest sadness, but also opportunities to see our community at its best.

What I have noticed so profoundly over the days since Friday, is how strongly our students have connected to our faith and ritual as a safe way to express and understand their grief - our Year 8s felt the need on Friday to spend time in silent contemplation in the Church, our Years 3/4 and 1/2 students held beautiful prayer rituals in their communities, while friends of Julian's wrote prayers of support.

On Monday, as we gathered to pray as a College community, there was a deep sense of connection and belonging as a faith community united in our grief. I was so humbled by the way in which the students supported each other during this time. Thank you to those parents who joined with us.

I know as parents we want to protect our children and shelter them from anything that might be hard, difficult or challenging. However, just as we teach our children and young people how to express success, joy, fear, disappointment, anger or any other emotion, we also have a responsibility to teach them how to grieve. We trust that the information shared with families on Friday provided some support. We have included further information with this week's newsletter.

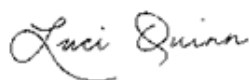
A letter regarding funeral details will be sent to all families today. We also have a memorial book in the entrance to our College if any family wishes to record a message for the Luvara family.

It is with the deepest sense of gratitude I would like to acknowledge the staff of our College who put their own grieving on hold to ensure our students were safe and supported as they received the news on Friday. Their compassion and professionalism has been second to none in what has been a very difficult time. I would also like to thank the staff from the Catholic Education Office and Katrina Johnson, Principal of St Patrick's Tongala and Trish Miller, Principal of Sacred Heart Tatura, who left their schools on short notice to support us on Friday. The support and prayers of the wider education community have been heartfelt. Thank you also to the parents who have offered prayers, support and affirmation to our staff at this time.

Ensuring routine is restored and maintained is a critical step to stability and so we draw your attention to further information in this newsletter regarding the celebration of St Augustine's Day, Subject Teacher Interview bookings and a welcome home to our Top Enders.

Healing and hope is best found in the place where the grief is experienced and for us that is within our College community. Together, with Roman's family, we will find our way through this time and grow in strength and faith.

Blessings,



Luci Quinn  
Principal

## Cupcake Makers Still Needed

### ARE YOU ABLE TO PROVIDE CUPCAKES NEXT THURSDAY 25TH AUGUST?

As part of traditional celebrations, each student will receive a cupcake for morning tea when we celebrate St Augustine's Day next Thursday, 25th August.

Thank you to those families who have offered to provide cupcakes for a class – you will be advised which class you are supplying cupcakes for and the number of students in the class.

If you are able to provide cupcakes or have any queries, please contact Jo Greiner from the Schools Parents and Friends (P&F) Committee via email [sijogreiner@aapt.net.au](mailto:sijogreiner@aapt.net.au) or text 0478 629 755. **We would appreciate your response by the end of school tomorrow, Friday 19 August.**

Thanks very much for your assistance, our students really enjoy their cupcake on St Augustine's Day.

*Parents and Friends Committee*



## Lone Pine Ceremony Invitation

All students from Years 5-12 will attend the Lone Pine Ceremony on Monday 29th August at 10.15am. This is an opportunity to reflect on the work that Legacy does in our community today and the great gift of service that our defence personnel have given to our country.

We warmly welcome members of our community to gather outside the Lone Pine Tree at 10.15am for our service.

### Legacy items for sale

The College will have some Legacy items available for purchase. These include:

- Pens \$5.00
- An assortment of pins ranging from \$2.00
- Wrist Bands \$3.00
- Bears in a range of costumes such as nurses, army uniform etc. \$20.00

Our Junior School Leaders will be selling these in the mornings at TA time or they will be available for purchase from the College Office.

## St Augustine's Day Mass Invitation

St Augustine's Day is the day we come together and celebrate the rich traditions that we have in our community. We draw focus from the Brigidine Sisters and the Augustine Priests, particularly on this day as it is St Augustine's Feast Day. We also use St Augustine's Day to celebrate the gifts that being part of this community bring to our lives today. Our college community will come together on Thursday 25th August to celebrate with a Mass in the Brigidine Centre at 12.30pm. Directly after Mass, families are invited to join us for a community picnic on the oval.

## Are You Interested In Becoming A Catholic Or Know Someone Who Is?

The R.C.I.A. - Rite of Christian Initiation of Adults is holding a number of Inquiry Nights to be held in the Meeting Room at the Presbytery commencing on Wednesday 31st August at 7.00pm.

For more information please contact Annette Ryan on 0408 502 858, Mary Zobec on 0427 190 282 or the Parish Office 5852 1026.

## Library News

### Book Character Parade

A final reminder about the Book Character Parade after assembly next Wednesday, 24th August. Remember that the weather is still quite cold so students may need warm jackets to go with their costumes. Some more quick suggestions for costumes are: a pirate, Harry and his bucket of dinosaurs, Specky Magee or Fox Swift (footballers), the BFG, EJ12 girl hero, a netballer from Netball Gems, Ollie from our shortlisted book Ollie and the Wind, Grandad from Grandad's Slippers, River Boy with shorts, t-shirt and a bushman's hat.

Voting is underway for our pick of the Children's Book of the Year. Already it looks like the Aaron Blabey's Piranhas Don't Eat Bananas will be a runaway winner.

### Scholastic Book Club

Orders need to be in by August 23rd. If you do a LOOP order you don't need to bring in your order form. We can see online what has been ordered. Thanks to those parents supporting our program.

*Trish Baker and Jo Oliver*  
Library Team



## Welcome Home Top Enders

Our weary travellers arrived back safely on Friday following yet another amazing Top End Immersion. Hopefully many of you had been able to follow the adventures of our students and staff through our Facebook posts. We look forward to learning more about the personal experiences of staff and students at our Top End showcase to be shared later this term.

Sincere thanks again to our staff, volunteers Ricky Shellie, Stephen Lightly and Jason White and our intrepid tour leaders Amanda Gardiner and Paul Bugoss for ensuring a safe and successful trip for all.

## Subject Teacher Interviews

Tuesday 30th August will see our second round of subject teacher interviews for Years 5-12 students and their parents. We had an overwhelmingly positive response to the first round of interviews, with parents providing feedback indicating it was a very valuable and worthwhile experience. We will again be using the online booking system through PAM, please see instructions below. Time slots are now open for bookings.

For any technical difficulties please contact our IT team [itsupport@sakyabram.vic.edu.au](mailto:itsupport@sakyabram.vic.edu.au) or for all other enquiries please contact your Teacher Advisor.

*Sue Carroll*

Learning and Teaching Leader

## Beaut Blokes' Breakfast

### Thursday 8th September

Hosted and supplied free of charge by the Parents and Friends Committee annually to recognise and say thanks to the special blokes in our students' lives. Held in conjunction with footy day – students and staff wear their team colours and have a kick of the footy with their beaut bloke on the oval before school.

If you are able to support in any capacity, we will require assistance with the following:

The afternoon/night before

- Pick up food and supplies

On the day

- 6.00am Setup and cooking
- 7.00am Serving and cooking
- 7.30am Serving and cooking
- 8.00am Serving and cooking
- 8.30am Pack up

If you can assist in any way, please contact Kristen Elliott on 0458 277 888 or email [kristen.elliott@live.com.au](mailto:kristen.elliott@live.com.au)

## SOLE - Others

This fortnight has seen the school focusing on the SOLE pillar of 'Others' and the mantra of know your impact. All classes and TAs have been learning to understand the impact that they have on other people.

The College is embracing know your impact; here are what some students and teachers had to say:

Levi - Year 6 'When I think about 'Others' I think about the goodness of people coming together to express themselves and how they feel.'

Mason - Year 5 'I think knowing your impact means helping people, playing with others, helping: not hurting.'

Ben R - Year 5 'You can't be obnoxious, don't be disrespectful.'

Vivienne - Year 8 'You have to understand that what you say and do will affect other people; you have to treat other people the way you want to be treated.'

Pippa - Year 7 'When I think about my impact, I think about helping others with their work, being a good friend and making sure that no one is left out.'

Miss Boyle 'I remind people about the impact they have, people need to be respectful of other people's learning; they might not realise that by speaking they are impacting someone's opportunity to learn.'

## BEAUT BLOKES' BREAKFAST AND FOOTY DAY

All students, siblings and their Beaut Blokes welcome.

**Please RSVP to College Office ASAP**

**THURSDAY 8<sup>th</sup>  
SEPTEMBER, 2016**

A YUMMY BREAKFAST OF  
BACON, EGGS, TOAST AND  
ORANGE JUICE

BREAKFAST SERVED FROM  
7.00AM UNTIL 8.30AM



**WEAR YOUR  
FOOTY COLOURS  
ALL DAY**



**HAVE A KICK OF THE FOOTY WITH YOUR  
BEAUT BLOKE BEFORE SCHOOL**





## Source of Life: Religious Education

Our students from Years F-6 are beginning their second focus of learning for Religious Education this term. Below is a short description of each unit and some possible strategies for families to engage in conversations about learning in religious education. If you would like any more information please don't hesitate to contact your child's teacher or myself.

*Lee Pethybridge*

### **Foundation: How do I know God Loves Me?**

In this unit students will explore a range of understandings about God. They will be given opportunities to explore images of God. They will come to understand that God's love for them is revealed through their families, friends and creation and they will be given opportunities to give thanks for all these gifts.

*Possible Family Engagement Strategies:*

- Make a photo display or spend time noticing the one already on the wall, of people who love us. Discuss and share ways we could show God's love to them and ways they have shown you God's love.

### **Years 1/2: Loving God and Others**

This unit will provide students with the opportunity to relate their experience of the loving actions of family members and others to the example of Jesus. Students will learn how Christians with a sense of mission can love God and others at a personal, local and global level. Students will be encouraged to identify how they can participate in the mission of Jesus by loving God and others through acts of service.

Some wonderings and questions that will be addressed in this unit include:

- What does it mean to be Christian?
- How do I choose to share God's love with all?

*Possible Family Engagement Strategies:*

- Make a family book of all the members of your family and write or draw examples of when members of the family have shown love to each other or groups in the community. Continue to celebrate and add to this book.

### **Years 3/4: Prayer**

In this unit, students will be invited to deepen their relationship with God through prayer. They will have opportunities to be involved in different prayer experiences as individuals and in community.

Some wonderings and questions that will be addressed in this unit include:

- Why is prayer important?
- How do I pray?

*Possible Family Engagement Strategies:*

- Write a family prayer to share over a meal.

### **Years 5/6: People of Prayer**

This unit builds on students' understanding of prayer as a relationship and deepens their appreciation of Christian prayer prior to examining prayers from other cultures. In this unit students explore:

- Jesus as a person of prayer in the Jewish tradition
- The place of prayer in the life of Saint Paul OR Saint Peter
- The link between prayer and action in our daily lives.

Some wonderings and questions that will be addressed in this unit include:

- Why is prayer important?
- How and when do I pray?

*Possible Family Engagement Strategies:*

- Set aside a reflection space in the family garden or outdoor space. Maybe get some special items or cushions for people to sit on, allow time for family members to go there and pray.

## Years 3-6 Waranga District Athletics

The Years 3-6 Kyabram District Primary Athletic Sports will be held on Thursday 1st September, at the Kyabram P-12 College Campus. This sporting event is a part of the College curriculum and all students are expected to attend and participate.

Students will participate in the various track and field events which are currently being taught in their physical education lessons. From this day, students can be selected to compete in the Campaspe Division Carnival on Monday 12th September in Bendigo.

The Kyabram Little Athletics Club will be running a fundraiser BBQ on the day. Sausages in bread and soft drink will be available for purchase.

Please see permission form for more detail.

Parents are most welcome to come and watch, the schedule of events is provided. Please beware these times are only a guide and may change on the day.

*Tamara Brereton*

*Primary Sports Coordinator*

Time	8/9 Boys	8/9 Girls	10 Boys	10 Girls	11 Boys	11 Girls	12/13 Boys	12/13 Girls
9:30	Discus	Distance	Long Jump	Triple Jump	Shot put	Sprints	High Jump	Hurdles
10:00	Distance	Long Jump	Triple Jump	Shot Put	Sprints	High Jump	Hurdles	Discus
10:30	Long Jump	Triple Jump	Shot Put	Sprints	High Jump	Hurdles	Discus	Distance
11:00	Triple Jump	Shot Put	Sprints	High Jump	Hurdles	Discus	Distance	Long Jump
11:30	Shot Put	Sprints	High Jump	Hurdles	Discus	Distance	Long Jump	Triple Jump
12:00	Lunch							
12:30	Sprints	High Jump	Hurdles	Discus	Distance	Long Jump	Triple Jump	Shot Put
1:00	High Jump	Hurdles	Discus	Distance	Long Jump	Triple Jump	Shot Put	Sprints
1:30	Hurdles	Discus	Distance	Long Jump	Triple Jump	Shot Put	Sprints	High Jump
2:00	Relays & Presentations							

## Father's Day Stall

Don't forget the Father's Day Stall is on Friday 2nd September.

Thanks to those who have already volunteered to help on the day. **We still require more assistance for about 1 hour from 9.00am. Please contact Jenny McMeeken on 0409 968 137 if you can help.**

## Leave No Trace - Bring a shopping bag

In line with the **Environment** pillar of SOLE, we are encouraging students to bring an environmentally friendly shopping bag to the stall, rather than relying on disposable plastic bags. Please remember to send your children with their shopping money and a shopping bag.



## Magpies

We have had a report of a magpie swooping in the area of Fauna Park Drive, Fischer Street and Park Street intersections in Kyabram. Please ensure your children are aware of this hazard if they walk or ride through this area on their way to and from school.

## Building Resilience in Children Workshop



**St Augustine's College invites you to a parent forum on 'Building Resilience in Children' facilitated by Chris Daicos**

**When: Thursday 8<sup>th</sup> September, 2016**  
**Venue: St Augustine's College**  
**Time: 7.00pm**

As parents or teachers can we be vigilant with our children at ALL times to ensure that they don't become victims of bullies, become depressed or fail academically? The research into the area of 'resilience' claims that we can influence our children's ability to deal with problems in a constructive way.

Although the notion of resilience had its origins in the research work of social workers and child psychologists working with disadvantaged children and adolescents in American cities, it has now entered and found credence in mainstream education theory and practice.

Early researchers found that: "..... most of the children - in their study - who grew up with the odds against them successfully overcame adversity. These children had or developed the resources to bounce back..... It is in these and other studies that the terms: 'resilient children', 'stress resistant children', 'ego hardy children' and 'vulnerable but invincible children' begin to appear." (From: 'Risk To Resilience'. Tim Burn).

From these earliest studies, the focus then became determining what were the characteristics that these resilient children had that allowed them to bounce back and stay healthy.

A profile of the resilient child began to emerge. These children exhibited:

- social competence
- problem solving skills
- a sense of purpose and future

However, simply knowing about resilience is in itself not enough. What we as parents and educators want and need to know is what can we do to help foster and build these skills in our children. Those working in the field of child psychology have established that we can do much in our homes and schools to help put in place the protective factors that will assist in our children becoming 'resilient children'.

*A bit about Chris....*

Chris Daicos began her career as a primary school teacher and following a number of years in the classroom, she undertook a Bachelor of Social Work and worked as a social worker with the Department of Education. She has extensive experience in working directly with children and adolescents in schools. She has facilitated many successful professional development sessions for teachers and parents on topics such as optimism, bullying, leadership and conflict. Chris is a consultant who works across private and public sectors.

If you are interested in attending the parent forum please contact:

Selga Langley, Wellbeing Leader at St Augustine's College, on 5851 3000 to reserve a seat.

## Cybersafety



### Social Networking

A social network is an online community, often with a common interest.

#### What is social networking?

Social networking sites allow users to share comments and post photos in a contained environment with the user in control. The most common site is Facebook.

Many other popular sites have social aspects but are not strictly 'social networking' for example:

- **Instagram**: a photo sharing application
- **Twitter**: a micro blogging site
- **YouTube**: a video sharing site
- **Tumblr**: a blogging site
- **MSN**: an instant messaging program
- **Skype**: a voice over internet protocol (VOIP) service
- Online games such as Club Penguin



#### What are the risks of social networking?

Social networking can be a lot of fun, but can carry risks, especially for children and young people. Many social networking sites have age restrictions (usually 13 years) and it is important for parents to understand the site's **Terms and Conditions of Use**. You don't pick and choose which rules you obey in the real world, don't do it online either. There is a valid and legal reason for online rules. Children should not be permitted to access prohibited accounts. Talk about the rules and why they are important rather than working out a way to circumvent them.

Social networking sites require a large amount of time invested in them, not only to set up, but also to continually check to see that the security/privacy settings are at their highest level. This is particularly important when the account holder is a child.

Many social networking sites work on 'real name' culture, which means that being truthful in the setting up of an account makes the account safer. You are far better being truthful and then using the security settings to protect your privacy, rather than setting up a fake account, or lying about certain information such as age. Facebook for example has a range of important safety settings as the default when the account holder is 13 - 17 years.

### Social Media

Many parents are misgued and tell their children to set up the account with an older age for 'safety'. This is NOT a guarantee of safety, sets a poor example and puts the child outside the secure part of the site. You are far better to set up an account with your child together, with clear rules and guidelines, rather than have them set one up at a friend's house behind your back.

Social networking is certainly not all bad, although the media can focus on negative aspects. Embrace social technology with your child and ensure that you have an account on all sites your child does.

#### What are some ways to assist children and young people in social networking?

Please remember that to assist your child to be safe on social networking sites you must:

- Ensure that they comply with the age restrictions (DO NOT let them on Facebook under 13 years of age)
- Ensure that they understand how the privacy and security settings work
- Ensure that they can change their passwords and they know how to report a problem
- Ensure that they know where to go if they have an online issue
- Set up an account yourself and be your child's friend (this is not going to ensure safety but is part of what is expected of you as a parent)
- Know your child's password
- Have house rules about what your child can post and when they can add new 'friends' (must ask you first) and ensure they know and understand them.

#### Where can I find out more about specific social media sites?

Many social networking sites create their own help guides. These guides provide tips and advice specifically for parents. You can download these guides from the site's Help or Support section, for example:

- **Parent's Guide to Instagram**  
([https://fbcdn-dragon-a.akamaihd.net/photos-a.akamaihd.net/10574680\\_582159911917452\\_1678490151\\_n.pdf](https://fbcdn-dragon-a.akamaihd.net/photos-a.akamaihd.net/10574680_582159911917452_1678490151_n.pdf))
- **Help Your Teens Play it Safe - Facebook**  
(<https://www.facebook.com/safety/groups/parents/>)
- **Control Your Experience - Twitter**  
(<https://support.twitter.com/articles/470968-families>)
- **Parent's Guide to Tumblr**  
(<http://www.tumblr.com/tagged/parents-guide>)
- **Other Social Networking Websites**  
Is the social networking site your child is using not listed here? No problem, simply Google 'Parent's Guide to: <Insert Social Networking Site>'.



## Parish History Writing Team

St Augustine's Parish will celebrate its 140th Anniversary in 2018 and there is a parish group updating the parish history. You are invited to insert your family name into the book. This will happen by way of an insertion at the bottom of a page as a memorial or as an appreciation of the parish community.

The following are examples you could follow:

Example 1. *Mary McCormick wishes to honour her parents Augustine (Gus) & Ailsie McCormick, long-term parishioners.*

Example 2. *The Davies family remember parish life and ask blessing on today's parishioners.*

Example 3. *The Lyon family wish to remember the wonderful times we had in sport with netball and football. Both Bev and Peter coached St Augustine's footy and netball teams.*

Your Insertion Message:


Please include your contact details (phone number/email address) for our reference.

Name: \_\_\_\_\_

Phone number and email: \_\_\_\_\_

Please contact Mary McCormick on 03 9804 3441 or email [mary\\_mccormick@bigpond.com](mailto:mary_mccormick@bigpond.com) or Maureen Atkins on 03 5852 2103 or email [mvatkins@netSPACE.net.au](mailto:mvatkins@netSPACE.net.au) if you would like any further information or talk to a member of the History Team: Mary Bowman, Pat Guinan, Maria Radanov, Anne and Brian O'Meara, Eileen and Brian Sullivan, Mick Sullivan, Ruth McGowan, Samuel Mehanni, Mary McCormick or Maureen Atkins.

## Children's Chatter Matters

Language Learning activities to try at home.

**Activity 6.** If your child has Show and Tell or News in their class, practise what they will say the day before. Use these picture prompt to guide their language.



Your child's teacher will have access to each of these cue cards for you to print off and use to guide your child's language at home.

For example: Who gave it you? Where do I use it? What do I do with it? What's it like? (encourage a detailed description). Use joining words to describe why I brought this item along today. For example: "I like my brand new Spongebob toothbrush because it's really soft and doesn't hurt my gums."



## Career News

### National Institute of Dramatic Art (NIDA)

Applications are now open for all of NIDA's 2017 Masters, Bachelor and Vocational Diploma courses.

Applications opened 1 July and close 30 September. November/December: course auditions and interviews in various Australian capital cities.

For all application, audition, interview and project requirements, and to apply, visit [apply.nida.edu.au](http://apply.nida.edu.au)

### 2016 University Open Days – Victoria

#### Australian Catholic University (ACU)

Sunday 28 August - Ballarat Campus 10am – 3pm

#### Deakin University

Sunday 21 August - Geelong Waterfront & Waurin Ponds Campuses 9am-3pm

Sunday 28 August - Melbourne Burwood Campus 9am – 4pm

#### Federation University \*\*

Sunday 28 August – Ballarat & Gippsland Campuses

#### Monash University

Sunday 21 August - Parkville Campus 10am–3pm

#### The University of Melbourne

Sunday 21 August - Parkville and Southbank Campuses 10am – 4pm

#### Victoria University \*\*

Sunday 28 August - Footscray Park Campus 10am – 3pm

**\*\* University and TAFE.** For further information and to register for Open Days please visit the university websites.

### Early Achievers' Program (EAP) – ACU (Australian Catholic University)

ACU believe these students should be recognised for their contribution and leadership potential, and this is why ACU grant them status as Early Achievers.

One of the biggest benefits of the program is that successful applicants receive an offer ahead of the usual tertiary admissions announcements. Current Year 12 students can apply.

The EAP considers the contribution you have made to your community through your school, local community organisation, cultural and/or religious group.

2017 EAP applications - Opened - Monday 8 August. Close - Monday 17 October. Offers released by the end of November 2016.

For further info email [askacu@acu.edu.au](mailto:askacu@acu.edu.au) or call 1300 275 228.

### Year 12 and the Victorian Tertiary Admissions Centre (VTAC)

Applications for 2017 courses opened on the VTAC website on Monday 1 August.

Timely applications close on Thursday 29 September at 5pm. Cost \$32.00.

SEAS applications close on Tuesday 4 October at 5pm.

Scholarships close on Friday 14 October at 5pm.

You can apply for up to eight courses, placing them in the order you most want them. You will be offered a place in the highest course in your list where you meet ATAR/Selection/pre-requisite requirements.

A copy of the new VTACmag and the ABC of Applying 2017 has been given to Year 12 students who intend to apply for tertiary courses. Course information is available on VTAC CourseSearch.

## Parish News

### Weekend Masses

Sunday 21st August at 10.00am

Weekly bulletins and parish information can be found at [www.staugsparishky.org.au](http://www.staugsparishky.org.au)

Email: [kyabram@cdos.org.au](mailto:kyabram@cdos.org.au)



### MULTICULTURAL MASS AND LUNCHEON

St Augustine's annual Multicultural Mass and Luncheon will be held at 10am this Sunday, 21st August. Parishioners are encouraged to wear national dress on the day, and to bring a national dish to share for lunch. (This includes Australian dishes!) For something different we are asking people to bring a copy of a photo taken at the time of arrival in Australia for a "Guess who this is" display board. (See Maria Radanov.)

### THANK YOU

As we reflect on our Parish celebration of two of the Sacraments of Initiation - Confirmation and First Communion, I would like to extend my thanks to the children, their parents, sponsors and staff at St Augustine's.

Thank you also to our lector, special ministers, commentator, servers, musicians, singers, collectors, sacristan, screen operator and of course Alma, Lee, Annette and the Parish Sacramental Team.

Special thanks to the Parishioners who have continued praying for the children during this time. The children will receive their certificates on Sunday 4th September during Mass.

### St Augustine's Junior Football Club



As we come to the end of the season, please be advised of the following important dates.

#### Lightning Premiership - Under 14

Sunday 21st August  
Leitchville Football Ground

#### St Augustine's Junior Football Club Presentation Night

Thursday 25th August  
Brigidine Centre at 5:30pm

#### League Presentation Night

Friday 26th August  
Wilf Cox, Kyabram at 7:30pm



**THE GIFT**  
SUPPORTING PEOPLE THROUGH CANCER

The Kyabram Gift Inc. is looking for an enthusiastic and dedicated community member to join our team in the role of **TREASURER**.

It would be desirable for the applicant to have a background in accounting or book keeping and you would be required to attend bi-monthly meetings and events held by The Gift.

We are also looking to fill the role of **SPONSORSHIP OFFICER**.

For more information, a detailed job description or to submit your application please email [support@thegift.co](mailto:support@thegift.co)

*Please note all positions within The Gift are voluntary.*

## Kyabram



**Breaking the ICE Factor— Be aware, Be Informed**

**Date:** Tuesday 6th September 2016  
**Time:** 7.30pm to 9.00pm  
**Venue:** Kyabram Football Club— Wilf Cox rooms

#### Guest Speakers

**Cameron Cail**— Nurse Practitioner - Alcohol & Other Drug/Addictions  
**Sargent Grant Jones** -Kyabram Police  
**Murray Sibbison** Intake Worker-Teen Challenge:  
Our fourth guest will tell of their personal journey

#### Topics Covered

What is ICE and how does it work?  
Physical, psychological and social effects of ICE  
How to make your house & family safe  
Where to get support for family, friends & users

#### Open to all the Public

Suitable for ages secondary school & upwards



# ICE

## KNOWLEDGE IS POWER

Use of Crystal Amphetamine (ICE) continues to ravage our society! Community Against Drugs (CAD) invites all members of our community to a forum 'Knowledge is Power'. Lets band together and learn why we need to encourage our loved ones to 'Say No' to this vicious drug and its consequences.

### COMMUNITY FORUM

**MONDAY, AUGUST 22, 2016**  
**6PM – 8PM | Moama Bowling Club**

#### TO REGISTER:

Email: [j.wegener@outlook.com](mailto:j.wegener@outlook.com)  
Phone: 0409 227 800

Community Against Drugs Echuca-Moama

#### GUEST SPEAKERS:

- Tony Fitzpatrick – Rural Drug Withdrawal Nurse at RDHS
- Rebecca Slavin – ICE addiction campaigner and former addict
- A recovering addict from Teen Challenge
- Q & A opportunity with a panel of informed representatives

#### TOPICS COVERED:

- What is "ICE" and how does it work?
- Short and long term physical, psychological and social effects
- Signs and symptoms of dependency
- Impact on family and friends



## Rural Women Uncovered 2016

The Victorian Farmers Federation is again holding a forum for women in agriculture. This year's forum is being held at Phillip Island.

Hear from a number of inspirational women who are making a big impact in agriculture, gain some invaluable business knowledge and tackle important rural health issues.



When: Thursday 8 September and Friday 9 September, 2016

Where: Ramada Resort, 2128 Philip Island Road, Cowes, Phillip Island.

RSVP: For further information or to register head to [www.vff.org.au](http://www.vff.org.au).

## Young Farmers' Border Tour

Join NSW Young Farmers and VFF Young Agribusiness Professionals once again for an action-packed two day tour showcasing excellence in agricultural production and supply chain services across southern NSW and northern Victoria.



Targeted at young farmers, industry professionals and agriculture students, the tour will also visit fantastic estates and restaurants showcasing local Australian produce.

When: Friday 2 and Saturday 3 September, 2016

Where: Departs from Corowa, NSW

Cost: \$160 members / \$260 non-members (accommodation and all meals are included).

RSVP: For further information and to register head to Eventbrite.

The SCINEMA International Science Film Festival will be holding a community screening for National Science Week. Celebrate National Science Week at Campaspe Regional Library, the films below will be shown at Echuca Branch, 310 Hare St, ECHUCA. Sunday 21st August at 2.15pm. All Welcome Free event. For further details phone 03 5481 2400

AUSTRALIA'S SCIENCE CHANNEL presents

# SCINEMA

## INTERNATIONAL SCIENCE FILM FESTIVAL 2016

[scinemafestival.riaus.tv](http://scinemafestival.riaus.tv)

**CELEBRATE SCINEMA 2016 WINNERS**

SPONSORED BY:

AUSTRALIA'S SCIENCE CHANNEL presents

# SCINEMA

## INTERNATIONAL SCIENCE FILM FESTIVAL 2016

### GENERAL PROGRAM BEST OF SCINEMA

<p><b>Robot Koch - Eclipse</b> (H Julien Marchal) (SCINEMA Finalist) Michael Le Cluff / Germany / 3.30mins</p> <p>A musical journey through the cosmos created entirely from images from Hubble, NASA, ESA, ISO or Google Earth. The video lets you travel through a succession of our real space scenes all composed from original pictures of our solar system and planetary galaxies. Music by Robot Koch's "Eclipse"</p>	<p><b>Metamorphosis of plants</b> (SCINEMA Award for Best Experimental/Animated Film) Ursula Zipschowske / Poland / 4.30mins</p> <p>This unique film is the result of two years spent watching and analysing the movements and metamorphoses of plants. It's a frenetic beat a ballet dancer mimics and mimics the movements of plants that remain invisible to our naked eye, revealed through time-lapse photography. Jury comment: A gorgeous film that gives a new insight into how plants work and grow, without saying a word.</p>
<p><b>Living Close - Parasitism</b> (SCINEMA Finalist) Clara Farugia, Dylan Birchall / Australia / 2.40mins</p> <p>Relationships are complicated, especially in the animal kingdom. She's an assassin wasp just trying to find the right guy to start a family. He's a cockroach that has left it all behind for a cross-species parasitic relationship. Jury said: Witty and original, this little gem made us laugh out loud.</p>	<p><b>Update</b> (SCINEMA Finalist) Victor Schwartz / Germany / 11.00mins</p> <p>In the near future, apps and gadgets are seamlessly incorporated into day to day activities. Laura is comfortable with this life, much to the displeasure of her father. But Laura's complex attitude with her personal data leads to consequences not only she has to suffer.</p>
<p><b>Corpus</b> (SCINEMA Award for Technical Merit) Marc Hatcher / France / 3.30mins</p> <p>A complex chain reaction brings human organs to life. The mechanism generates an act of creation. But this creation, can it be actually produced by a machine?</p>	<p><b>Maralus (M)</b> (SCINEMA Best Film) Simon Curich / Australia / 30mins</p> <p>When a garbage collector takes a photo of a tiny, colourful spider, he has no idea how it will change his life. Funny and moving, this film will change your perception of who a scientist is.</p>
<p><b>The Amazing Life Cycle of the European Eel</b> (SCINEMA Award Best Short Film) Sofia Castello y Tiedel / UK / 3.30mins</p> <p>Did you know that the Romans kept European eels as pets and adorned them with jewelry? Today, they continue to travel over 12,000km back and forth from the Sargasso Sea to complete their life cycle.</p>	<p><b>HILLEMANN - A Perilous Quest to Save the World's Children</b> (SCINEMA Best Documentary) Donald Mitchell / USA / 6mins</p> <p>An American scientist succeeds in developing more than half of the vaccines children receive today, including the MMR vaccine. These have saved 8 million lives every year since the mid 1960s, and yet few know his name. His unprecedented achievements place him among the greatest scientists of all time and reveal the story of saving us from our worst fears.</p>

[scinemafestival.riaus.tv](http://scinemafestival.riaus.tv)

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# Children and Grief

## (Primary School, ages 6–12)



Following the death of someone close, parents are often concerned about how to best support and meet the needs of their children. Like adults, children experience, express and process grief in a variety of ways depending on their age, stage of development, personality, family culture, understanding of death, past experiences of loss and the context of their bereavement. When considering how best to provide support, the child's unique grieving needs should also be considered.

This information sheet is designed to help parents, caregivers and teachers to understand and help primary-school-aged children navigate their grief experience.

### A primary-school-aged child's understanding of death

Children of primary school age are beginning to understand the concept that death is permanent, though younger school-aged children may engage in 'magical' thinking, trying to outwit death. Due to a limited understanding of death, primary-school-aged children may also have an increased fear in regards to their own death or feel responsible for the deceased's death.

### Talking to primary-school-aged children about death

Although it is natural to want to protect children from hurt or upset, it is important that you take the time to talk and listen to them following the death of someone close. Answer their questions about death in an honest and consistent way without glossing over the truth or minimising the impact of what has happened by saying that 'everything is fine'.

Begin by asking what they already know. Children are more perceptive than we give them credit for, and may already have picked up on and formed their own opinion around what has happened. When explaining the situation to them, it is important that you tell them the facts in a simple and age-appropriate way, e.g. 'Grandma has died and will not return'. Children often take things literally, and saying things like 'Grandma has gone to sleep', or 'Grandma went to hospital and isn't coming home', can be confusing and lead to unnecessary fears, e.g. they may become afraid of going to sleep or visiting hospital.

It is also important to explain why their loved one died, e.g. 'Mark died because his body stopped working, this means he can no longer breathe, eat or feel hot or cold'. This will reassure children that the death wasn't a result of anything they said or did.

### Common signs of grief in primary-school-aged children

Children, like adults, will vary in their responses to death and dying; however, there are some common factors that may affect them.

#### Children of primary school age may:

- experience a difficult transition period, want to see death as reversible and believe death only happens to other people
- be very curious about death and burial rituals and ask detailed questions
- imagine death as a bogeyman or ghost
- play games pretending to die
- be angry over the death and focus their anger at certain people or anyone involved with the death, e.g. doctors, parents
- take time to absorb the reality of what has happened and might not appear to be immediately affected by the death
- be quick to blame themselves
- experience disturbed sleep, decreased appetite, poor school performance or have physical reactions, e.g. headaches