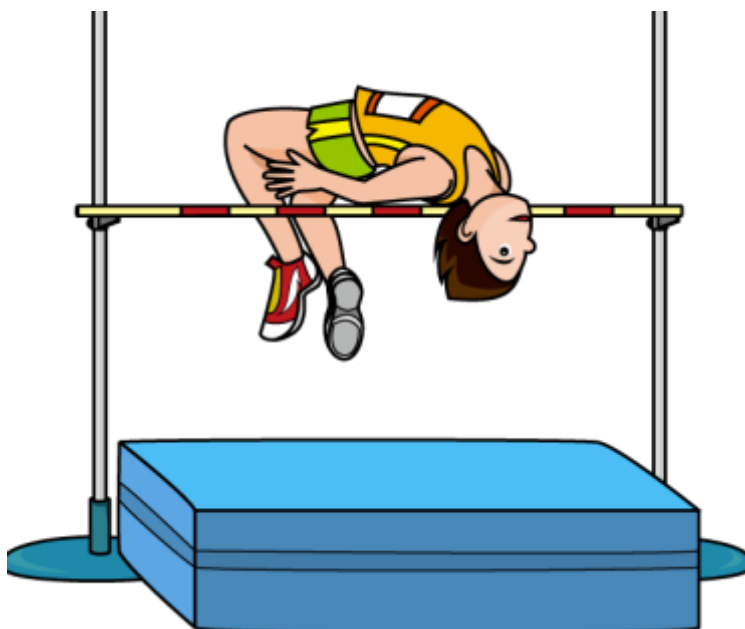


YEAR 3-6 PROGRAM OF EVENTS

10:00am	Activity 1
10:20am	Activity 2
10:40am	Activity 3
11:00am	Activity 4
BREAK 11:20am- 11:40am	
11:40am	Activity 5
12:00pm	Activity 6
12:20pm	Activity 7
12:40pm	Activity 8
LUNCH 1:00pm- 1:20pm	
1:20pm	100m sprints
2:00pm	4 x100m Relays
Departure- 2:45pm	

High Jump

10:00am	Under 10 Boys
10:20am	Under 11 Girls
10:40am	Under 8-9 Boys
11:00am	Under 12-13 Boys
BREAK 11:20am- 11:40am	
11:40am	Under 10 Girls
12:00pm	Under 12-13 Girls
12:20pm	Under 8-9 Girls
12:40pm	Under 11 Boys
LUNCH 1:00pm- 1:20pm	



SHOT PUT 1

10:00am	Under 12- 13 Boys
10:20am	Under 12- 13 Boys
10:40am	Under 12-13 Girls
11:00am	Under 12-13 Girls
BREAK 11:20am- 11:40am	
11:40am	Under 11 Boys
12:00pm	Under 11 Boys
12:20pm	Under 11 Girls
12:40pm	Under 11 Girls
LUNCH 1:00pm- 1:20pm	



Discus 1

10:00am	Under 8-9 Boys
10:20am	Under 8-9 Boys
10:40am	Under 10 Boys
11:00am	Under 10 Boys
BREAK 11:20am- 11:40am	
11:40am	Under 8 - 9 Girls
12:00pm	Under 8 - 9 Girls
12:20pm	Under 10 Girls
12:40pm	Under 10 Girls
LUNCH 1:00pm- 1:20pm	



Long Jump

10:00am	Under 11 Girls
10:20am	Under 10 Girls
10:40am	Under 11 Boys
11:00am	Under 8-9 Girls
BREAK 11:20am- 11:40am	
11:40am	Under 12-13 Girls
12:00pm	Under 10 Boys
12:20pm	Under 12-13 Boys
12:40pm	Under 8-9 Boys
LUNCH 1:00pm- 1:20pm	



Triple Jump

10:00am	Under 12-13 Girls
10:20am	Under 10 Boys
10:40am	Under 12-13 Boys
11:00am	Under 8-9 Boys
BREAK 11:20am- 11:40am	
11:40am	Under 11 Girls
12:00pm	Under 10 Girls
12:20pm	Under 11 Boys
12:40pm	Under 8- 9 Girls
LUNCH 1:00pm- 1:20pm	



Hurdles

10:00am	Under 10 Girls
10:20am	Under 12-13 Girls
10:40am	Under 8-9 Girls
11:00am	Under 11 Boys
BREAK 11:20am- 11:40am	
11:40am	Under 10 Boys
12:00pm	Under 11 Girls
12:20pm	Under 8-9 Boys
12:40pm	Under 12-13 Boys
LUNCH 1:00pm- 1:20pm	



SHOT PUT 2

10:00am	Under 8-9Girls
10:20am	Under 8-9 Girls
10:40am	Under 10 Girls
11:00am	Under 10 Girls
BREAK 11:20am- 11:40am	
11:40am	Under 8-9 Boys
12:00pm	Under 8-9 Boys
12:20pm	Under 10 Boys
12:40pm	Under 10 Boys
LUNCH 1:00pm- 1:20pm	



Discus 2

10:00am	Under 11 Boys
10:20am	Under 11 Boys
10:40am	Under 11 Girls
11:00am	Under 11 Girls
BREAK 11:20am- 11:40am	
11:40am	Under 12-13 Boys
12:00pm	Under 12-13 Boys
12:20pm	Under 12-13 Girls
12:40pm	Under 12-13 Girls
LUNCH 1:00pm- 1:20pm	



100m Sprints

1:20pm	Under 12-13 Girls
1:25pm	Under 12-13 Boys
1:30pm	Under 11 Girls
1:35pm	Under 11 Boys
1:40pm	Under 10 Girls
1:45pm	Under 10 Boys
1:50pm	Under 8 -9 Girls
1:55pm	Under 8 - 9 Boys



4 x 100m Relays

2:00pm	Under 12-13 Girls
2:05pm	Under 12-13 Boys
2:10pm	Under 11 Girls
2:15pm	Under 11 Boys
2:20pm	Under 10 Girls
2:25pm	Under 10 Boys
2:30pm	Under 8 -9 Girls
2:35pm	Under 8 - 9 Boys



St Augustines F-2 Athletics Timetable

	Foundation Delany	Foundation Augustine	Foundation Brigidine	1/2 Delany	1/2 Augustine	1 /2 Brigidine
10.30- 10.50	Discus	Long Distance	Long Jump	Hurdles	Shot Put	Sprints
10.50- 11.10	Long Distance	Long Jump	Hurdles	Shot Put	Sprints	Discus
11.10- 11.30	RECESS					
11.30- 11.50	Long Jump	Hurdles	Shot Put	Sprints	Discus	Long Distance
11.50- 12.10	Hurdles	Shot Put	Sprints	Discus	Long Distance	Long Jump
12.10- 12.30	Shot Put	Sprints	Discus	Long Distance	Long Jump	Hurdles
12.30- 12.50	LUNCH					
12.50 – 1.10	Sprints	Discus	Long Distance	Long Jump	Hurdles	Shot